

Easy Guitar Chords

for Adults Over 40

**Play real songs faster
with just**

5 ***beginner-friendly chords***

By Bob Pardue | BobPardue.com

You're Never Too Old to Play Guitar



Learning guitar as an adult comes with unique challenges – sore fingers, limited time, and a lot of confusing advice online. But here's the good news: with just a few chords, you can start playing hundreds of your favorite songs.

This quick-reference chord sheet is designed especially for beginners over 40. It's simple, easy to read, and sized perfectly for printing. Keep it next to your guitar, and you'll always know where to place your fingers.

👉 **Pro tip:** If you hear buzzing or muted notes, don't press harder. Instead, press closer to the fret and relax your hand.

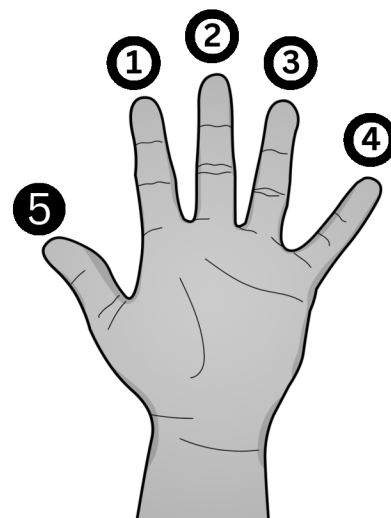
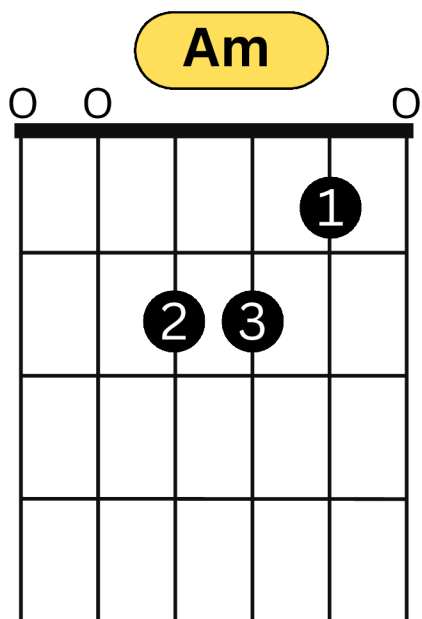
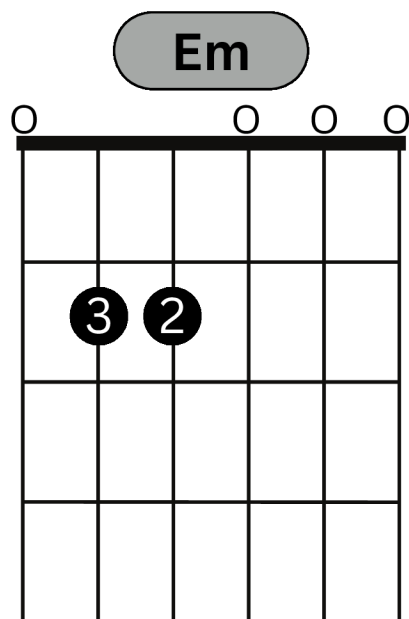
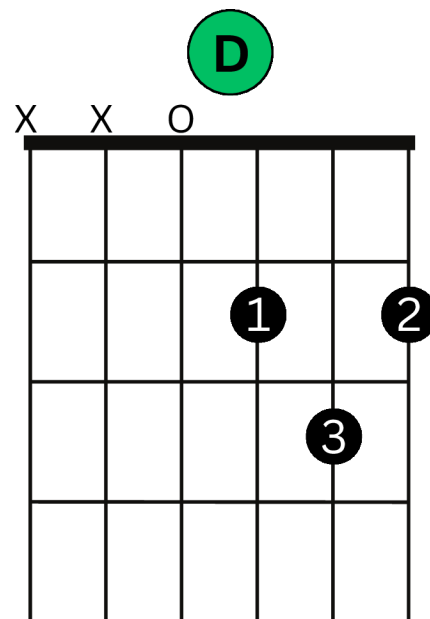
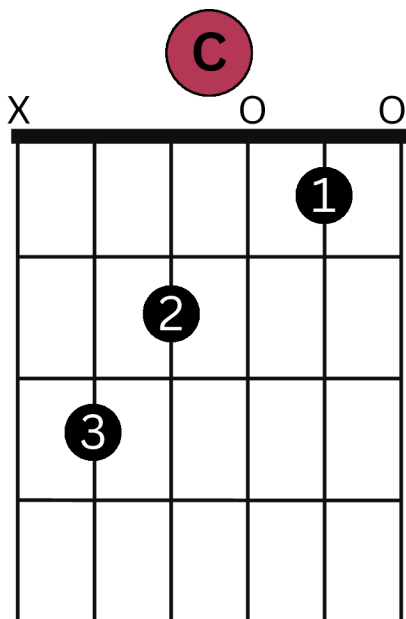
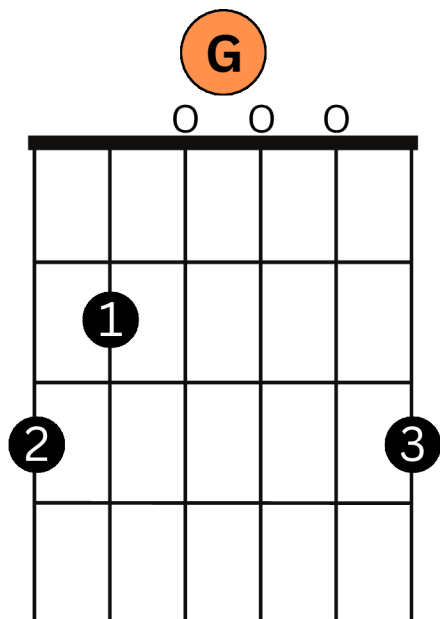
Happy strumming!
– Bob Pardue



5 Essential Chords



O - Play Open
X - Don't Play



Pro Tips:

- Practice switching between G–C–D (most common progression in folk & rock).
- Use a metronome at a slow speed, then increase gradually.
- Play with down-strums only at first — rhythm matters more than speed.

You can Do It!



Thank you very much for joining our guitar tips & workshop. You're on your way!

With these 5 chords, you can play songs by artists like Bob Dylan, The Eagles, and countless others. Don't worry if your chord changes feel slow at first — progress comes with small, consistent practice.

Resources:

- 🖱️ Find more beginner lessons at **BobPardue.com**
- 🖱️ Grab full printable chord charts and practice guides in my **[Etsy shop](https://www.etsy.com/shop/nineplacedesigns)** at <https://www.etsy.com/shop/nineplacedesigns>
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